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*One-on-one personal care for exceptional results.*

- 5255 El Camino Real  
Atascadero, CA 93422

**Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

- Lake Nacimiento  
2150 Heritage Loop Rd. Suite D  
Paso Robles, CA 93446

**Diagnosis:** \_\_\_\_\_

- Paso Robles Sports Club  
2975 Union Rd.  
Paso Robles, CA 93446

**Precautions:** \_\_\_\_\_

**Date of injury/onset:** \_\_\_\_\_ **Date of Surgery:** \_\_\_\_\_

**Frequency/duration:** \_\_\_\_\_ **times/week** for \_\_\_\_\_ **weeks**

**Evaluate and Treat**

Post-op Rehab per protocol

Back School

Neuro Rehab

Balance/vestibular training

Pediatric Therapy

Aquatic Therapy

**Procedures as indicated**

Counterstrain

Joint mobilization

Soft tissue mobilization

Strengthening/ROM

Functional Retraining

**Specific instructions** \_\_\_\_\_

**Modalities as indicated**

Iontophoresis

Interferential ES

Ultrasound

Cervical/Lumbar Traction

Paraffin bath

**Physician** \_\_\_\_\_

Signature

Print Name